

## STUDENT GROUP MENU

Action-packed days lead to hungry tummies, but rest assured; Tangalooma Island Resort ensures students have tasty and filling food to keep them on the go all day long, with a wide variety of nutritious food choices!

### BREAKFAST OPTIONS

#### Serviced Buffet Breakfast

##### Sample Menu

Grilled bacon & sausages  
Scrambled eggs  
Grilled tomatoes & mushrooms  
Hash browns  
Toast with a selection of spreads  
Variety of cereals and milk  
Queensland seasonal fruit  
Hot & cold beverages

#### Boxed Breakfast (on request only)

Choose 1 option per day

##### Option 1

Bacon & Egg Muffin  
Pancakes (2)  
Yoghurt & Fruit Salad Bowl  
Bottled Juice  
Glass of Milk

##### Option 2

Fried egg, bacon & hash brown  
Toast with jam or vegemite  
Yoghurt & Fruit Salad Bowl  
Bottled Juice  
Glass of Milk

### LUNCH OPTIONS

#### Boxed Picnic Lunch

Minimum 10 pax

##### Menu

Sandwich, mini muffin & a seasonal whole fruit

##### Sandwich Options:

Ham & Cheese  
Ham & Salad  
Chicken & Salad  
Chicken, Cheese with mayonnaise  
Vegemite  
Jam  
Egg, Lettuce with mayonnaise

##### Vegetarian/Vegan

Roasted vegetables & salad (No butter)

#### Build Your Own Burger Box

Minimum 10 pax

##### Menu

Burger bun

##### Your choice of:

Beef, chicken or vegetable patty  
Salad  
Hot chips  
Sauce  
Whole fruit



#### Set Menu

Groups of 10 – 24 pax | Choose 1 menu item + 1 side  
Groups of 25 pax or more | Choose 2 menu items + 1 side

##### Menu selection

*Menu Selection must be advised 14 days prior to arrival*

Frankfurt Hotdog served with grilled onion, tomato sauce, bbq sauce, mayonnaise and selection of mustard  
(Vegan & Vegetarian alternative available)

Spaghetti Bolognese with garlic bread (Vegetarian alternative available)

Beef Lasagne with garlic bread (Vegetarian alternative available)

Roast Chicken & salad wraps (Vegetarian alternative available)

Fish and Chips

Chicken schnitzels with baked potato

Mexican Beef Mince with wraps, salad, cheese, sour cream & salsa

##### Side selection (choice of 1 side)

Chips / Salad / Steamed Vegetables

#### Lunch Meal Vouchers

Choose from denominations such as \$15, \$20 and \$25 which can be redeemed at any available food outlet.  
Suitable for smaller groups of 10 - 25 pax.



# STUDENT GROUP MENU

## DINNER OPTIONS

### Set Menu

Groups of 10 – 24 pax | Choose 1 menu item + 1 side

Groups of 25 pax or more | Choose 2 menu items + 1 side

#### Menu selection

*Menu Selection must be advised 14 days prior to arrival*

Butter Chicken, naan bread and rice

Pork / Chicken Singaporean Noodles (*Vegetarian alternative available*)

Cottage Pie (Savoury mince topped with mashed potato)

Chicken Fried Rice (No Shrimp)

Roast – Chicken with Gravy or Beef with gravy – served with baked potato

Beef Rissoles and Mash Potato

Beef Stroganoff and Rice

BBQ Grill – Chicken / Beef / Sausages

Fish & Chips

Beef Taco's with salad, cheese, guacamole, sour cream & salsa

Fettucine Carbonara (*Vegetarian alternative available*)

#### Included dessert

Icecream & fruits

#### Upgraded dessert option – Additional costs apply.

Fruit crumble & cream or mini pavlova with berries.

#### Side selection

Chips

Salad

Steamed Vegetables

## Dinner Meal Vouchers

Choose from denominations such as \$20, \$25 and \$30 which can be redeemed at any available food outlet. Suitable for smaller groups of 10 – 25 pax.

## EXTRAS

### Boxed lunch for Bus tours

Minimum 15 pax

#### Menu

Sandwich or wrap, muffin, whole fruit & juice

### Morning / Afternoon Tea

Minimum 15 pax

#### Menu

##### Option 1

Chef selection of mini muffins & whole fruit

##### Option 2

Chef selection of baked cookies (nut free) & whole Fruit  
(Anzac biscuits or choc chip cookies)

##### Option 3

Muesli bar slice (nut free) & whole fruit

##### Option 4

Scones with jam/cream & whole fruit

### Supper for Movie Nights

Minimum 15 pax

#### Sample Menu

Hot chocolate and popcorn or biscuits

**BEVERAGES** Water stations are available at all meal times and a variety of fruit juices are available during breakfast service. Tea & Coffee is available for teachers during breakfast and can be available for students, if requested.

**DIETARY REQUIREMENTS** Please notify us of any gluten, dairy, vegetarian, vegan and any other intolerances or any specific allergies either at the time of booking or when sending through your name lists, so we can cater accordingly.

Whilst all care will be taken to provide special meals to meet all dietary requirements, Tangalooma Island Resort is unable to guarantee that any meal will be 100% free of all traces of nuts, dairy, gluten or other products that may produce allergic reactions in certain people. For extreme allergies, special arrangements must be discussed.

**SPECIAL REQUESTS** Looking for an option that isn't included in this menu? Would your students enjoy a Pizza & Ice-Cream dinner? Something else? Contact our team today to see if we can customise a menu to suit your requirements, we would be happy to assist!

**RESORT SHOP** Our Lucky 7 Convenience store is available for students to visit (if teachers are happy to allow this) and stocks a variety of drinks, snacks, ice-creams and souvenirs for purchase. Open daily. Cash and card transactions are available.

**TERMS & CONDITIONS** Menu items are valid at time of printing and are subject to change due to availability.